# Experience It All

Humber Valley & Gros Morne National Park



### DAY 1

#### Caving with Cycle Solutions

Experience the "world down under" with world class caving systems that have been featured on the Discovery Channel. Walk along a subterranean stream and learn about the forces that created these natural cathedrals.

#### **Cross Country Skiing**

With 42-km of groomed trails, Blow Me Down Trails offers a scenic and rugged terrain for recreational and competitive skiers.

#### Unwind at The Harmonia Saltwater Spa

Located at Marble Inn Resort, experience the thermal cycle—a heat therapy treatment between hot and cold, as well as halo therapy in the salt room.

#### **Rotary Arts Centre**

Experience the arts in a beautiful, 90-seat theatre.

Overnight: Steady Brook





#### DAY 2

#### Marble Zip Tours

Begin your adventure on the platform near the top of Marble Mountain. Traverse Steady Brook Falls over nine exhilarating zip lines. Feel the adrenaline pump through your veins as you zig zag down the gorge soaring from platform to platform along zip lines up to 2000 ft long and 300 ft high.

## Snowmobile Tour with a Traditional Boil Up

Snowmobiling is the perfect way to experience back-country wilderness and you'll experience magnificent backcountry minutes from your accommodations. As you cross snow-covered land with your guide, each trail will offer incredible photo opportunities.

When it's time for lunch, warmup around the campfire and enjoy a traditional boil-up.

Overnight: Steady Brook





### DAY 3

#### Western Brook Pond Ski or Snowshoe

Experience those epic Gros Morne National Park views, while you ski or snowshoe into the Western Brook Pond dock.

#### Lunch

Fisherman's Landing Restaurant, Rocky Harbour

## Snowshoe on the Earth's Mantle

The Tablelands is an experience that cannot be forgotten. Snowshoe in this distinctive red landscape of exposed earth's mantle.

Overnight: Deer Lake



